PASGT PROPER WEAR AND ADJUSTMENT

GTA 07-08-001

If the PASGT is too tight or loose:
- ❑ Adjust headband in small increments.
- ❑ Reposition headband on the web strap.
- ❑ Adjust headband clip in area that feels tight.
- ❑ Try different shell size.

If the PASGT is too high:
- ❑ Judge at brow and ear opening.
- ❑ Adjust drawstring tab toward helmet crown.
- ❑ Try next larger shell size.

If the PASGT is too low:
- ❑ Adjust crown drawstring tab toward rim.
- ❑ Try next smaller shell size.

Parachutist helmet modifications:
- ❑ Retention strap hook-pile tape faces rear.
- ❑ Check pads for tears and compressibility.

References:
PASGT: Natick PAM 70-2
ACH: TM 10-8470-204-10
https://www.peosoldier.army.mil

Proponent: U.S. Army Infantry School
Fort Benning, GA
1 June 2005

- ❑ Top of the head must touch suspension band.
- ❑ ½ inch space between head and helmet.
- ❑ Helmet is level or slightly canted backward.
- ❑ Helmet should cover ear canal opening.
- ❑ No cut, frayed, or loose stitching on webbing.
- ❑ No cracked, worn, or damaged hardware.
- ❑ Headband is attached to web strap with 6 clips.
- ❑ Helmet level side to side, not twisted or canted.
- ❑ Front rim at top of eyebrow.
- ❑ Retention straps evenly adjusted and snug.
- ❑ Small chin strap in front of chin and level.

ACH PROPER WEAR AND ADJUSTMENT

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If the ACH is too tight:
- ❑ Rearrange side pads in a vertical, diagonal, or horizontal configuration.
- ❑ Remove front or back pads and rearrange side pads.
- ❑ Create space in the area that feels tight.
- ❑ Try next smaller pad size.
- ❑ Try next larger shell size.

If the ACH is too loose or unstable:
- ❑ Rearrange side pads in a vertical, diagonal, or horizontal configuration.
- ❑ Tighten chin strap retention system.
- ❑ Increase number of pads.
- ❑ Try next larger pad size.
- ❑ Try next smaller shell size.

If the ACH is too high:
- ❑ Judge at brow and ear. Soldier should see rim of helmet when looking up. Portion of ear above ear canal is covered.
- ❑ Try next smaller sized pad set.
- ❑ Try next larger shell size.

If the ACH is too low:
- ❑ Try next larger sized pad set.
- ❑ Try next smaller shell size.

- ❑ Top of head must touch the crown pad.
- ❑ ½ inch space between head and helmet.
- ❑ Helmet is level (front to back).
- ❑ Crown pad size #6 must always be worn.
- ❑ All 7 pads are worn for high-risk operations.
- ❑ Portion of ear at or above ear canal is covered.
- ❑ Minimum of 5 pads used (including crown pad). (Soldier is at increased injury risk w/less than 7 pads.)
- ❑ Hardware covered by pads for high-risk operations.
- ❑ Check pads for tears and compressibility.
- ❑ In cold, allow pads to warm to conform to the head.
- ❑ Retention system nuts and bolts are tight.
- ❑ No cut, frayed, or loose stitching on webbing.
- ❑ Helmet inner hook disks are attached to helmet.
- ❑ No cracked, worn, or damaged hardware.
- ❑ Helmet is level (side to side), not twisted or canted.
- ❑ Front rim is not more than ½ inch above eyebrows.
- ❑ Retention straps are evenly adjusted and snug.
- ❑ Small chin strap is in front of chin and level.